

# Highland Rim Head Start Keeping Kids Safe Tracking Sheet

## **Unit 1: SELF ESTEEM**

## **DATES PRESENTED/PRESENTER**

Session 1: I Am Unique \_\_\_\_\_/\_\_\_\_\_

Session 2: I Am Special \_\_\_\_\_/\_\_\_\_\_

Session 3: I Am Important \_\_\_\_\_/\_\_\_\_\_

Session 4: I Am Fantastic \_\_\_\_\_/\_\_\_\_\_

Session 5: I Am Loved \_\_\_\_\_/\_\_\_\_\_

## **Unit 2: FAMILY & FRIENDS**

Session 1: All Kinds of Families \_\_\_\_\_/\_\_\_\_\_

Session 2: Families Love & Care for Each Other \_\_\_\_\_/\_\_\_\_\_

Session 3: Families Are Special \_\_\_\_\_/\_\_\_\_\_

Session 4: Friends Care About Each Other \_\_\_\_\_/\_\_\_\_\_

Session 5: Trusting Family & Friends \_\_\_\_\_/\_\_\_\_\_

## **Unit 3: FEELINGS**

Session 1: Sad, Glad, Mad, Happy \_\_\_\_\_/\_\_\_\_\_

Session 2: Surprised & Excited \_\_\_\_\_/\_\_\_\_\_

Session 3: Scared \_\_\_\_\_/\_\_\_\_\_

Session 4: Growing Up \_\_\_\_\_/\_\_\_\_\_

Session 5: Standing Up for Myself \_\_\_\_\_/\_\_\_\_\_

## **Unit 4: PROBLEM SOLVING**

Session 1: Listening \_\_\_\_\_/\_\_\_\_\_

Session 2: Cooperation \_\_\_\_\_/\_\_\_\_\_

Session 3 Choices \_\_\_\_\_/\_\_\_\_\_

Session 4: Choices \_\_\_\_\_/\_\_\_\_\_

Session 5: Asking for Help \_\_\_\_\_/\_\_\_\_\_

Center: \_\_\_\_\_ Classroom: \_\_\_\_\_ Teacher: \_\_\_\_\_

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## **Unit 5: PERSONAL SAFETY (3&4)**

Session 1: My Body Belongs to Me \_\_\_\_\_/\_\_\_\_\_

Session 2: Every Part Has a Name \_\_\_\_\_/\_\_\_\_\_

Session 3: Taking Care of Me \_\_\_\_\_/\_\_\_\_\_

Session 4: Private Body Parts \_\_\_\_\_/\_\_\_\_\_

## **Unit 5: PERSONAL SAFETY (4 and older)**

Session 1: Diapers \_\_\_\_\_/\_\_\_\_\_

Session 2: A Visit to the Doctor \_\_\_\_\_/\_\_\_\_\_

Session 3: Momma's Friend (2 story versions) \_\_\_\_\_/\_\_\_\_\_

Session 4: Uncle (2 story versions) \_\_\_\_\_/\_\_\_\_\_

## **Unit 6: SAFETY AROUND ME**

Session 1: Street Safety \_\_\_\_\_/\_\_\_\_\_

Session 2: Riding Toy Safety \_\_\_\_\_/\_\_\_\_\_

Session 3: Fire Safety \_\_\_\_\_/\_\_\_\_\_

Session 4: Water Safety \_\_\_\_\_/\_\_\_\_\_

Session 5: Car Safety \_\_\_\_\_/\_\_\_\_\_

Session 6: Strangers \_\_\_\_\_/\_\_\_\_\_

Center: \_\_\_\_\_ Classroom: \_\_\_\_\_ Teacher: \_\_\_\_\_