


**Highland Rim Head Start**
  
**Individualized Health Action Plan**

Date action plan was created: \_\_\_\_\_

Child's Name: \_\_\_\_\_

DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Parent/Guardian: \_\_\_\_\_

Phone: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Medical Provider: \_\_\_\_\_

Phone: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**TO BE COMPLETED BY THE MEDICAL PROVIDER**

Diagnosis: \_\_\_\_\_

**Medications**

Name of Meds	When to Take Meds	Dosage

If I start having symptoms or signs such as \_\_\_\_\_ you need to  
*(remain calm)* \_\_\_\_\_ and

Call my parents/guardian  
if:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Call my physician if:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Call my 911 if:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

*Please attach additional records or information as appropriate*

Medical Provider Signature: \_\_\_\_\_

Date: \_\_\_\_\_

By signing below, you have read, understood, and agree to the plan.

Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Health Services Manager: \_\_\_\_\_

Date: \_\_\_\_\_

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_